

2025 FLU CLINICS



Protect yourself, protect your family. Get your flu shot.

The annual seasonal flu & COVID shots are available to all Manitobans at no charge. It offers protection against four seasonal flu strains and COVID-19 KP.2 strain. Those at increased risk of serious illness, including children six months to five years old, people aged 65 or older, caregivers and others who are in close contact with them, should consider getting vaccinated.

**To Book an appointment:
Call 1-844-626-8222 or go to protectmb.ca**

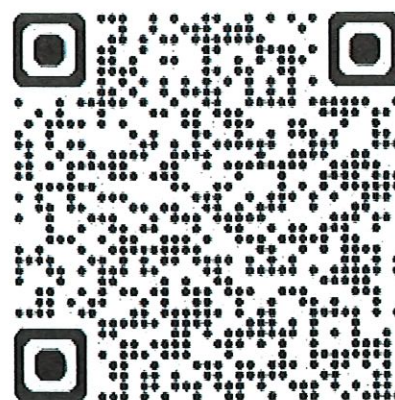
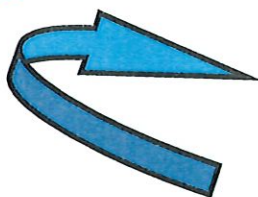
- Walk-ins will be available but limited. Call or go online to book an appointment.
- Some flu clinic locations may have changed. Please double check locations and times.
- Do not come to your appt if you are experiencing flu-like symptoms.
- Please come right at your appointment time to avoid congestion.



SCAN ME TO BOOK

Stonewall	October 22, 2025	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
Stonewall	November 12, 2025	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
Stonewall	November 15, 2025	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
Stonewall	November 19, 2025	10:00 am - 3:00 pm	Stonewall Legion, 459 Main St
Stony Mountain	October 29, 2025	1:30 pm - 6:00 pm	Stony Mountain CC, 117 School Rd
Warren	November 4, 2025	1:30 pm - 6:00 pm	Warren Fire Hall, 152 McDonald Ave
Woodlands	November 6, 2025	1:30 pm - 6:00 pm	Woodlands Hall, 204 Argyle St
St. Laurent	October 28, 2024	10:00 am - 2:00 pm	St. Laurent Legion, Lot 487, PTH 6
St. Laurent	November 1, 2025	10:00 am - 3:00 pm	St. Laurent Health Centre, 51 Parish Lane
St. Laurent	November 19, 2025	3:00 pm - 6:00 pm	St. Laurent Health Centre, 51 Parish Lane
Teulon	October 23, 2025	1:00 pm - 6:00 pm	Rockwood Centennial Centre, 14 Main Street
Teulon	November 22, 2025	10:30 am - 3:30 pm	Teulon St Peter's Lutheran Church, 47 Hwy 7 N

**Link to: Full Manitoba
Flu and COVID-19 Vaccine
Provider Map**



*Any changes to this listing will be posted online at www.ierha.ca –
Please check this website for a complete listing of flu clinics offered in the region.*

For more information, please contact your local community health office:

Stonewall: 204-467-4400

St. Laurent: 204-646-2504 Teulon: 204-886-4068/2825