



True Spirit CONNECTION

Heather Giesbrecht

Psychic Medium Reading

Heather's readings are done online & in-person with a very clear & detailed connection to Spirit. Plus insightful future information, brought forward by reading the clients vibration with quantum energy knowledge. Creating a very accurate future reading mixed with Spiritual Guidance for clarity & healing

Quantum Energy Healing

Quantum Healing is a must when healing the root of the cause. Online & in-person Heather likes to use the tool of talk therapy with an edge of discovery meditation. This is when space is held, narrating what is seen in the body, past lives, or any blocks to self focus & promo self healing. Heather technique is for the client to empower themselves to heal strongly.

Guided Meditation

Guided Meditation is very important to connect to ones self & to the fold of the Universe! Heather has several Guided Meditation Groups she leads & an online meditation library everyone can access, for personal use, called 'The Healing Hub'

truespiritconnection.ca



What's the Story...

Heather's Life Journey

Heather has been connected to spirit at a young age. Creating an understanding of vibration is everything with Love & Light. Opening up a pocket of True Spirit Connection for anyone that wants to connect to their True self, as well as Connect to Spirit easily.

Podcast

Finding True Spirit Connection

Finding True Spirit Connection Podcast is about Heather's self discovery of her True Spirit Connection. Not just about her company, by how she got to know high powered energy & life lessons along the way.

